

SECTION I – ALL RESTRAINTS (* = Required Field)

 *(1) Individual: First Name: Last Name:

 *(2) Reporting Provider: *(3) Area Office/Facility:

 *(4) Provider Location:

 *(5) Order Date: *(6) Type of Restraint Order: (6A) Initial: ☐ (6B) Renewal: ☐ (6C) Hold: ☐

 *(7) Time of: am/pm (7A) Initial Restraint: (7B) Restraint Renewal: am/pm (7C) Restraint Removal: am/pm

 *(8) Name of Staff Identifying Emergency: (9) Position of Staff Identifying Emergency:

*(10) Describe Emergency Situation:

*(11) Categorize Emergency Situation (check all that apply):

 (11A) ☐ Substantial Risk of Serious Physical Assault

 (11B) ☐ Occurrence of Serious Physical Assault

 (11C) ☐ Substantial Risk of Serious Self-Injurious Behavior

 (11D) ☐ Individual Placed Self at Imminent Risk Of Significant Physical Harm

 (11E) ☐ Occurrence of Serious Self-Injurious Behavior

*(12) Describe the Individual's Behavior or Other Antecedents Before the Emergency Situation:

*(13) Describe Less Restrictive Methods Used Prior to Restraint:

*(14) Did the Restraint Result in Physical Injury? ____YES ____ NO

*(15) Was an Incident Report Filed? ____YES ____NO

RESTRAINT FORM**DEPARTMENT OF MENTAL RETARDATION**

Page 2 of 7

Individual: First Name:

Last Name:

SECTION II – PHYSICAL RESTRAINTS – Complete only for Physical Restraints

*(P1) Describe How the Restraint Intervention was Implemented:

*(P2) Check the Position of Person Restrained During Restraint (check all that apply):

(P2A) ☐ Standing (P2B) ☐ Standing and against wall/mat (P2C) ☐ Sitting (P2D) ☐ Lying Supine (on Back)
(P2E) ☐ Lying on Side (P2F) ☐ Lying Prone (on Stomach) (P2G) ☐ Escort (P2H) ☐ Other, describe below:

*(P3) Was Mechanical or Chemical Restraint Also Used? No____ Yes____

If Yes: Type: _____, Time: am/pm

*(P4) Has Plan to Respond to This Emergency Behavior Been Developed in ISP? No____ Yes____

If Yes, was it followed? Yes____ No____ If not followed, explain why not:

*(P5) Describe Person's Behavior and Condition During Restraint and Safety Checks:

*(P6) Reason for Permanent Removal of Restraint:

*(P7) Describe Behavior and Give Indicators of Individual's Condition After Restraint:

*(P8) Print Names of Involved Parties:

(P8A) Authorizing Initial Restraint/Renewal:

(P8B) Applying Restraint:

1.	<input type="text"/>
2.	<input type="text"/>
3.	<input type="text"/>
4.	<input type="text"/>

(P8C) Specially Trained Monitor:

(P8D) Authorizing Removal:

RESTRAINT FORM**DEPARTMENT OF MENTAL RETARDATION**

Page 3 of 7

Individual: First Name:

Last Name:

SECTION II – MECHANICAL RESTRAINT - Complete only for Mechanical Restraints

*(M1) Was Physical or Chemical Restraint Also Used? ____YES____NO

If Yes: Type: _____,

Time:

am/pm

*(M2) Type of Mechanical Restraint Used (Mitts only in the community absent a waiver from the DMR Office for Human Rights):

*(M3) Print Names of Involved Parties:

(M3A) Authorizing Initial Restraint/Renewal:

(M3B) Applying Restraint:

1.

2.

3.

4.

(M3C) Specially Trained Monitor:

(M3D) Authorizing Removal:

*(M4) Has Plan to Respond to Behavior Been Developed in ISP? ____YES____NO

If Yes, Was the Plan Followed? ____YES____NO If No, Explain why the Plan was not followed:

(NOTE: If a plan to respond to behavior has been developed, the Human Rights Committee must have a copy of the plan).

*(M5) Reason For Permanent Removal Of The Restraint:

*(M6) Describe Individual's Condition During Restraint and Safety Checks:

TIME	INDIVIDUAL'S CONDITION	STAFF'S NAME	TIME	INDIVIDUAL'S CONDITION	STAFF'S NAME

(M7) Relief Periods :

START TIME	STOP TIME	INDIVIDUAL'S CONDITION	STAFF'S NAME

Individual: First Name:

Last Name:

SECTION III – ALL RESTRAINTS**INTERVIEW OF THE INDIVIDUAL:**

*Person Interviewing the Individual:

*Did the Individual Wish to Comment? ____ YES ____ NO

If Yes, Comment: _____

If No, or Individual Incapable of Comment, Staff's Interpretation of Individual's Response to Restraint:

SECTION IV – ALL RESTRAINTS – Finalizing Initial Report

*Signature of Person Completing Initial Form:

*Date:

SECTION V – ALL RESTRAINTS – REVIEWS***Restraint Manager (HOP) Review and Comment**(A) To The Best Of Your Knowledge, Were All Procedures And Protocols Followed For This Restraint Action?
____ YES ____ NO

(B) If No, areas where this Restraint Action needs improvement (select one or more):

____ Authorization of restraint

____ Renewal Order

____ Monitoring of restraint

____ Restraint training of staff

____ Physical examination of person restrained

____ Other, please describe in Comment Section

(C) Comments or Explanation: _____

RESTRAINT FORM**DEPARTMENT OF MENTAL RETARDATION**

Page 6 of 7

Individual: First Name:

Last Name:

SECTION V – ALL RESTRAINTS – REVIEWS – continued

(D) Date of Review:

(E) Signature:

Service Coordinator/Area Office – QMRP/Facility Review and Comment

*(A) Complete? ____ YES ____ NO

*(B) If No, give reason: ____ Inadequate Action Steps ____ Incorrect Categorization

____ Additional Information Needed ____ Other: (please explain): _____

(C) Once Status is “Complete”, please review below:

(D) Date Received By DMR :

*(E) Date of Area/Facility Review:

*(F) Signature of Area/Facility Reviewer:

Human Rights Committee Review and Comments:

*Date of HRC Review:

*Signature of HRC:

Commissioner’s Review and Comments:

*Date of Commissioner’s Review:

*Signature of Human Rights Specialist
Performing Commissioner’s Review:

Individual: First Name:

Last Name:

SECTION VI – CLOSING THE RECORD

*Date Closed:

*Closed By: